



Bedroom

ORGANIZING
ESSENTIALS

TRANSFORM YOUR BEDROOM
INTO A BLISSFUL OASIS

CITY OF CREATIVE DREAMS



Hello!



I'm Shanice Bannis, an organizing expert and the creative mind behind City of Creative Dreams. I'm also the founder of Inspired by Organizing, where I offer custom e-design organizing services.

I've always had a passion for organization, which led me to start my blog when I became a mom. It began as a way to transform my apartment and quickly became a resource for my audience to organize various aspects of life.

Along the way, I faced the challenge of getting my family on board with my vision for the organization. I learned that adapting to our unique home and routines was key to success.

Since 2013, I have been making others (*like you*) lives a little easier by helping them take control of their household by removing clutter, mastering their time and simplifying their lives.

That is why I am deeply honoured to have you enjoy this guide and customized printables collections. I hope this gives you a helping hand in your already incredibly awesome life!

"It is all about the imperfectly perfect organizing journey, which means that some tips will work for you and some will not and that is okay. I am all about making it your own and customizing it to your journey of who you are today and where you are today. "

Shanice

Founder, City of Creative Dreams & Inspired By Organizing

Benefits of a Bedroom Oasis:



✓ IMPROVED SLEEP QUALITY:

A peaceful environment makes falling asleep and staying asleep easier.

✓ REDUCED STRESS:

Decluttering reduces anxiety and creates a calming atmosphere.

✓ INCREASED PRODUCTIVITY:

An organized space saves time and boosts productivity.

✓ BETTER HEALTH:

Regular cleaning and decluttering contribute to a healthier living space.

✓ MORE SPACE:

Maximize your room's potential through smart storage and decluttering.

Steps to Achieve Your Bedroom Oasis:

01 CLEAR THE CLUTTER:

Start by decluttering surfaces like your bed, bedside table, or dresser to reduce stress instantly.

02 FIND YOUR FLOW:

Discover your organizing rhythm—whether it's Full Force, Little by Little, or One by One.

03 DECLUTTER REGULARLY:

Create a dedicated donation zone and regularly assess items for donation.

04 SURROUND YOURSELF WITH JOY:

Keep items that you LOVE and remove those with negative associations.

05 INVEST IN COMFORT:

Choose the right bedding, lighting, and aromas to enhance your comfort.

06 DAILY ROUTINE:

Make your bed daily and put things back in their proper places.

07 MAINTAIN CLEANLINESS:

Keep your bedroom clean to maintain its oasis-like quality.



BONUS ADVICE

MAXIMIZE SPACE

Rotate items seasonally and utilize storage bins or vacuum bags for efficient storage.



PREPARATION CHECKLIST

PREPARATION CHECKLIST FOR YOUR BEDROOM MAKEOVER:

1. GATHER SUPPLIES:

- Storage bins or containers
- Labels or tags for organization
- Trash bags for decluttering
- Cleaning supplies (dusters, vacuum, cleaning solutions)
- Notepad and pen for notes and ideas

2. SET ASIDE TIME:

- Block out a specific timeframe for your bedroom makeover. Consider whether it will be a one-day project or if you need to spread it out over multiple days.

3. TAKE "BEFORE" PHOTOS:

- Capture the current state of your bedroom by taking clear photos. These will serve as a reference point for your progress.

4. INSPIRATION GATHERING:

- Collect images or ideas from magazines, websites, or social media that inspire the look and feel you want for your bedroom oasis.

5. BUDGET PLANNING:

- Determine a budget for your makeover, including any potential expenses for new bedding, storage solutions, or decor items.

6. INVENTORY ASSESSMENT:

- Take stock of what you have in your bedroom. Make a list of items you want to keep, items to donate, and items to discard.

7. SAFETY CONSIDERATIONS:

- Ensure your bedroom makeover is safe by checking smoke detectors, electrical outlets, and cords. Address any safety concerns before starting.

8. SET REALISTIC GOALS:

- Define your goals for the makeover. What specific changes do you want to achieve? Set realistic expectations for the outcome.

By following this preparation checklist, you'll be well-prepared to embark on your bedroom makeover journey with confidence and efficiency. Happy organizing!

BEDROOM DECLUTTERING

CHECKLIST

1. CLEAR SURFACES:

- Remove all items from the bed, bedside tables, and the top of your dresser
- Set aside any items that don't belong in the bedroom.

2. CLOSET SWEEP:

- Start with clothing items. Take everything out of the closet.
- Assess each piece and decide if you want to keep, donate, or discard.
- Hang or fold clothes neatly as you put them back into the closet.

3. SHOE ORGANIZATION:

- Sort through your shoe collection.
- Donate or discard shoes you no longer wear or that are in poor condition.

4. DRAWER BY DRAWER:

- Choose one drawer or shelf at a time to declutter.
- Remove items, one by one, and evaluate their necessity.
- Keep only items that you use regularly or that bring you joy.
- Use organizers or dividers to keep items tidy within drawers or on shelves.

5. CREATE A DONATION PILE:

- Designate a spot in your bedroom for items you plan to donate.
- Place clothing, shoes, and other items you no longer need in this pile.

6. SENTIMENTAL ITEMS:

- Identify sentimental items in your bedroom.
- Decide which items you genuinely cherish and want to keep.
- Find a meaningful way to display or store these items.

7. TOXIC ITEM CLEANUP:

- Identify items that have negative associations or bring up unpleasant memories.
- Remove these items from your bedroom to create a more positive space.

8. ASSESS FURNITURE:

- Evaluate the furniture in your bedroom.
- Determine if there are any pieces that no longer serve a purpose or fit the room's style.
- Consider repurposing, selling, or donating unneeded furniture.

9. EVALUATE DECOR:

- Review wall art, decor items, and knick-knacks.
- Keep items that contribute to the ambiance you want to create.
- Remove or replace items that no longer fit your vision.

10. SEASONAL ITEMS:

- Set aside out-of-season clothing, bedding, and decor items.
- Store these items efficiently in vacuum bags, storage bins, or under the bed.

Take a moment to appreciate the decluttered space and the progress you've made!

BEDROOM ORGANIZATION

CHECKLIST

1. CLEAR THE CLUTTER:

- Ensure all surfaces, including the bed, bedside tables, and dresser, are clutter-free.
- Remove items that don't belong and find their proper place in your home.

2. FIND YOUR FLOW:

- Decide on your preferred approach:
 - "Full Force" = taking everything out at once to sort.
 - "Little by Little" = tackling one section at a time.
 - "One by One" = selecting one drawer or shelf at a time to declutter and organize.

3. DECLUTTER REGULARLY:

- Create a dedicated donation zone in your bedroom, such as a decorative hamper bag or tall basket.
- Use this zone to place items you no longer need or want at any time.
- Make quick decisions on "yes or no" items, especially with clothing. If you don't love it or wear it, consider donating it.

4. SURROUND YOURSELF WITH JOY:

- Remove items with negative associations or unpleasant memories from your bedroom.
- Keep only the things that bring you happiness, like items in your favorite colors or those tied to positive memories.
- Limit the number of decor items to avoid overwhelming the space.

5. A COMFORTABLE BED:

- Choose bedding that suits your style.
- Ensure your bed is well-made each day.
- Add soft lighting, relaxing aromas (e.g., essential oils), & soft rugs for extra comfort.

6. DAILY ROUTINE:

- Commit to making your bed as soon as you wake up.
- Encourage family members to put things back in their proper places instead of leaving items on the floor or bedside table.

7. KEEP IT CLEAN:

- Maintain the cleanliness of your bedroom by establishing a cleaning routine.
- Regularly dust, vacuum, and wipe down surfaces to prevent dust and allergens.

8. SENTIMENTAL DISPLAY:

- Arrange sentimental items in your bedroom to create a positive atmosphere.
- Display them in a way that brings you joy without overwhelming the space.

9. MAXIMIZE WALL SPACE:

- Utilize wall-mounted shelves, hooks, or pegboards for additional storage and decor options.
- This helps keep items off surfaces, reducing clutter.

10. UNDER-BED STORAGE:

- Maximize under-bed space with storage containers, drawers, or rolling bins.
- Store out-of-season clothing, bedding, or other items here to free up closet space.
- Rotate seasonal items, especially for entryways or decor, to keep your bedroom fresh.
- Utilize storage bins or vacuum bags for efficient seasonal item storage.



Post- Makeover Checklist for Your Bedroom

Oasis

1. TAKE "AFTER" PHOTOS:

- Capture clear photos of your transformed bedroom to document your accomplishment.
- Compare these photos to the "before" pictures you took at the beginning of the makeover.

2. CELEBRATE YOUR ACHIEVEMENT:

- Acknowledge and celebrate the hard work you've put into creating your bedroom oasis.
- Take pride in the serene and organized space you've created.

3. SHARE YOUR SUCCESS:

- Share your bedroom makeover journey with friends, and family, or on social media.
- Inspire others to embark on their own organization and decluttering projects.





Thank you!

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